

General Dinner Meeting

Thursday - March 11, 6pm
Mount Virgin Church Hall

No March
Luncheon

il Ficcanaso



Official Bulletin of the Italian Club ... Established April 26, 1920

President Corner

Sit Back and Reflect



By Anna Popovich

What a beautiful winter we've had. It gets everyone in the mood for the coming season of Easter and spring. I hope everyone is in the best of health.

During Lent it's always nice to sit back and reflect on all the gifts that we have been given.

The Italians have always had a very deep and profound feeling for the Easter season. Part of our tradition is getting together and enjoying with our children and grandchildren, all the great food and fun. These are all the gifts that were instilled in all of us as children. Having our church as a strong foundation, makes for a strong Italian family. May we all pray for peace in the world and continue to love one another.

Happy Easter

General Dinner & Meeting

THURSDAY, March 11

Mount Virgin Church Hall
2800 S. Massachusetts Street, Seattle

Dinner at 6.00PM ...
Followed by the general meeting.

Progressive prize ... \$75

The Search for Miss Italian Club

Margaret Marchetti and Carole Bishop are co-chairs of our Seafair Search Committee along with the help of Linda Madrid. The Italian Club will be awarding a \$500 scholarship to a young woman selected to represent us. Unlike other scholarships offered in the Italian community our applicants only need to have a parent or grandparent who is a member in good standing with the Club. If someone has applied in the past, she would be eligible to apply once again. All other requirements are dictated by Seafair.

The Seafair Scholarship Program for Women is one of Seattle's most time-honored traditions, now in its 61st year. It is designed to give young women the opportunity to celebrate the rich diversity of the Puget Sound region and enrich their lives through education, philanthropy and community involvement. The Scholarship Program for Women strives to empower young women in reaching their personal and professional goals.

To become Miss Seafair, young women are judged on academics, public speaking, interview skills and creative expression. Participants compete for nearly \$20,000 in scholarship assistance.

Participants will also visit nearly 20 community events, festivals and parades throughout the summer as well as hospitals and retirement facilities bringing Seafair to those who can't experience it on their own. All participants will leave the six week program

with leadership skills, confidence, college scholarships and a lifetime of memories!

Seafair Participant Guidelines:

- Applicants must be 18 years of age (as of August 8, 2010) or older.
- A United States citizen or permanent resident.
- Be able to show proof of enrollment at a post secondary school, college, university, or vocational institution for the Fall 2010 – Spring 2011 quarter/semester(s).



Call Margaret Marchetti at **425-430-8300** for an application. Deadline is May 1, 2010 for receipt of application, recent photo & resume. Info can be mailed: PO Box 427, Renton WA 98057 Seafair information can be found at <http://www.seafair.com/events/scholarship/>.

Italian Club Membership Applications Available

Please contact:
Monte Marchetti
907 Grant Avenue South
Renton, WA 98055
Phone: 425-591-5541

No March Luncheon

Reminder: Crab Feed

March 20 (Sold Out)

6:30pm at St. Alphonsus Church Hall in Ballard

Bring your own crab crackers!

il Ficcanaso

Established April 26, 1920
Official Bulletin of the Italian Club
www.italianclubofseattle.org

Editor:

Nick Grossi
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ITALIAN CLUB OFFICERS FOR 2008

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Vice President:
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425-591-5541

Secretary:
Dennis Caldirola
(206) 282-0627

Treasurer:
Joe Galluccio
(206) 275-4688

Ex Officio:
Brian DiJulio (425) 820-4424

Trustees
Tom Grossi (425) 557-0071
Michael Lazzaretti (206) 280-6691
Diana Kaczor (206) 232-7880
Marty Nigrelle (206) 310-7689 (Cell)
Diana Laforrnara (425) 827-4728

Sergeant at Arms: Ron Roletto

Committee Chairs:

Finance: Tino Lazzaretti

Membership: Monte Marchetti

Day at the Races: Joe Galluccio

Mariner Baseball Night: Marty Nigrelle

Picnic: Ron Roletto

Halloween Party: Andrea Petrone

Adult Christmas Party: TBD

Children's Christmas Party: Tom & Nancy Grossi

Bylaws: Barbara Peretti

Luncheons: Carolyn Jackson

Scholarship: Marty Nigrelle

Miss Italian Club: Margaret Marchetti,

Carole Bishop and Linda Madrid

Facilities: TBD

Health: Carolyn Jackson

Parliamentarian: Lou Cella

Golf Tournament: Brian DiJulio

Crab Dinner: Anna Popovich

THE ITALIAN CLUB OF SEATTLE, Inc.

Box 9549
Seattle, WA 98109
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www.italianclubofseattle.org

Winners by Nick Grossi

Drawings were conducted by **Ron Roletto**, Sergeant-at-Arms. The birthday winner for February was **Helen Carrosino**. Other winners for the Spirits, Coffee Cards, Polenta and Beer were:

Deloris DiVitis, Monte Marchetti, Antonette Ruppin, Carolyn Jackson, Bill Pecchena, Lou Cella (twice), Nils Seth, Barb Peretti (twice), Mike Lazzaretti (twice), Holly Cochran,

Marty Nigrelle (twice), Joe Galluccio, Bob Popovich, Cathy Croce, Mary Zorotovich, Franco Tesorieri, Diana Kaczor, Judith Seth, Chip DiJulio, Nick Grossi and Anna Popovich.

The Progressive Prize of \$50.00 would have been won by **Lisa Scarpini Anderson** had she been present. The Jackpot now goes to \$75.00 for the March meeting.

SECRETARY'S REPORT ... March, 2010 By Dennis Caldirola

On February 16, 2010, past-due notices were sent those members who have not yet paid their dues for this year. Since that time, a couple members have decided not to renew their membership so the current roster of the Italian Club of Seattle has dropped to a total of 256. The good news is that as of March 1st, 212 have paid their dues leaving 44 who have not yet responded. If you plan to attend the March meeting,

you can save yourself 44¢ and the Club \$1.32 by paying your dues in person and having your membership card issued immediately. Note to officers and Board members: while the privacy policy of the Club is not to publish in il Ficcanaso the names of members in arrears, we can read them aloud at the General Meeting, so to save you any embarrassment, please pay your dues as soon as possible.

MS Walkathon 2010 Set for April 11

Dig your walking shoes out of the closet ... The Italian Club will be participating in the 20th Anniversary of the MS Walkathon this Spring.

The four mile walk takes place at Husky Stadium on Sunday morning April 11th beginning at 9:30. Complimentary food, beverages and entertainment is provided prior to the start of the

Walkathon and afterwards as well.



A special Italian Club t-shirt commemorating this event will also be given to all who walk or provide a donation..

Interested? – Contact **Steve Piergrossi** at (206) 390-0677 or e-mail him at spiergrossi@comcast.net for All pertinent details.

Deadline Dates for Inputs to il Ficcanaso for 2010

Issue - Deadline

April - March 29

May - May 3

June - May 28

July & August - no newsletter

September - August 30

October - October 4

November - November 1

December - November 29

Italian Story Times

Children's Story Times for Children & Families

Sunday, March 14, 2010

1:30 PM

Mercer Island Library

Ages 15 months to 5.



Join Tina Conforti for stories, songs and activities all in Italian language.



Happy St. Patrick's Day, St. Joseph's Cay, (will the swallows return to Capistrano?)

Spring and daylight saving time. Remember; spring ahead on the 14th of March.

Hi all, here we go again. Haven't heard much news, but will share what has been happening to our members and families. We do appreciate hearing from you with your news to print.

Heard that some of our members are traveling and enjoying the sun and a little R & R.

We wish them all a safe trip and happy times.

Carole Bishop shared she will be attending the Pari-bus Open Tennis Tournament for a week in Indian Wells, CA. Then she'll meet up with her sister, **Rosalie Cardinal**, they'll head for Phoenix, AZ. spend three weeks there enjoying their friends, baseball, tennis and the SUN.

Dorothy and Dick Whitney traveled to California and other interesting areas visiting family and friends.

Sr. Mary Lou DiJulio was in Mexico and took a spill and hurt her back. Thank goodness she is home and still in a great deal of pain. You're in our prayers sister ... mend quickly.

Lena Boitano spent some time in the hospital and then a short stay in a convalescent home.

She is home now. Take care Lena; you are in our thoughts and prayers,

Our sympathy and prayers to the family of our past president, **Charlotte Pagni**. Charlotte passed away on Feb. 8th. Charlotte was the wife of past president Roger Pagni and mother of past president, Linda Pagni Desimone. May she rest in peace.

Another sad note, our prayers and condolence to **Dawn and Rico Peretti** and family on the passing of their little 7-month-old angel niece, Abbie. Abbie is now with her mother. God bless the sweet little darling. She was an organ donor.

Talked to **Angie Molinari**, she misses attending the meetings and wanted to be remembered to all her friends. Take care Angie, we miss you too.

Heard that **Joanne and Tino Lazzeretti** are doing some remodeling in their home. We missed you at the meeting.

Speaking of meetings, it was good to see **Bob and Antonette Ruppin** and **Mary Zorotovich** at the last meeting. You know we're happy to see all our members, but they hadn't been able to attend for some time.

One of our new members, **Linda Lee Madrid** has moved into a new apartment. She was busy packing and now she's busy unpacking and getting settled in her new home. Much happiness, Linda. And, also, Nick and Ginny Grossi who have moved into a new condo right next door to their old place.

Happy Birthday to all our members born in March.

Let us remember and pray for our members in the armed forces. Prayers also for the victims of the devastating earthquakes.

A hearty hello and good wishes to all our home bound members. You are in our thoughts.

There is no "I" in "WE".

Reminders:

March 20th, Crab Dinner

April 4th. Happy Easter

April 21st. IC luncheon

Sept. 11th, Festa Mass 5 p.m. reception to follow.

"You'll never ruin your eyesight by looking at the bright side." AMEN.

On that note, I'll say, See You Stay Healthy

CIAO

Your Informer,

Carolyn E. Jackson,
Aka "Sister"

OUR ITALIAN HERITAGE

Italian-American History ...

The First

The Italian Giovanni da Verrazzano was the first European explorer to pass New York Harbor. The first Italian to live in what is now the United States was Pietro Cesare Alberti, a Venetian sailor, who settled in New York on June 2, 1635.

Friend of Thomas Jefferson

Other Italians played an important role in early United States history, such as Filippo Mazzei, an important Italian physician and a promoter of liberty, and a close friend of Thomas Jefferson; He acted as an agent to purchase arms for Virginia during the American Revolution.

Before 1880 Italians arrived in the US in small numbers. The numbers soared late in the century, especially from Southern Italy, including Sicily; smaller but significant numbers came from the northern regions of Liguria and Veneto. Large numbers (about one in three) returned to Italy after a few years earning money in the U.S.

From 1914 to 1919 the World War made movement very difficult. In 1924 the Johnson Reed Act imposed a quota. Most were from rural places and had little education.

Two-Thirds were Men

From 1890 to 1900, 655,888 immigrants arrived in the United States, of whom two-thirds were men. The main reasons for Italian immigration were the push factor of poor economic opportunities in Italy during this period, particularly in the southern regions, and pull factors of easily obtained jobs and the presence of friends and relatives.

"Little Italy"

In the United States, Italians settled in and dominated specific neighborhoods (often called "Little Italy"), where they could interact with one another, establish a familiar cultural pres-

ence, and find favorite foods. Most arrived with little cash or cultural capital (that is, they were not educated) since most had been peasant farmers in Italy, they lacked craft skills and, therefore, generally performed manual labor.

Social Networks

Civic and social life flourished in Italian-American neighborhoods, with many people belonging to hometown societies. Chain migration that brought many people from a particular town or region to the same American neighborhood

meant that even new immigrants had extensive social networks which helped in the adjustment to America.



Back to Italy

Many Italians arrived in the United States hoping to earn enough money to return home and set themselves up in a business or with a farm. Among immigrant groups to America, Italians had the highest rate of returning to the old country. Their neighborhoods were typically older areas with

overcrowded tenements and poor sanitation. Tuberculosis was rampant. Italian immigration peaked from 1900 until 1914, when World War I made such intercontinental movement impossible. In some areas, Italian immigrants met hostility and even violence, even lynching.

"Birds of Passage"

In the ten years following 1900, about 200,000 Italians immigrated annually. With the imposition of the 1924 quota, 4,000 per year were allowed.

It's estimated that two million Italian immigrants arrived between 1900 and 1914. About a third of these immigrants intended to stay only briefly, in order to make money and return to Italy. They were commonly referred to as "Birds of Passage." While one in four did return home, the rest either decided to stay or were prevented from returning by the world war.

Italians in the Winter Olympic Games

By Tina Conforti, Field Reporter

We should all be proud of all the participants in the Olympics in Vancouver, B.C. Canada. The medal winners are exceptional. All the athletes spend innumerable hours training to accomplish their goals.

The Olympics are just in our backdoor. There are participants from all over the world. Italy, as of February 28, 2010, has won one gold (Giuliano Razzoli - Alpine Skiing), one silver (Pietro Piller Cottler- Cross Country Skiing), and three bronze medals (Arianna Fontana- short track speed skating, Armin Zoeggeler - Luge, and Alessandro Pittin - Nordic Combined) in the Vancouver 2010 Olympics. Beyond these athletes who represent Italy, we are proud of all the athletes with Italian surnames and I particularly cheer for them.

If you have had the opportunity to go to Vancouver to see some of the Olympics, you may have had the opportunity to stop by



Casa Italia located in the Yaletown neighborhood blocks from the Yaletown stop on the Canada Line and blocks from Live City in Yaletown. Casa Italia is in the Roundhouse Community Center in the Yaletown area of Vancouver. Admission is free and the pavilion is open from 11 am to 6 pm. There are product displays from Kinder, Italia team clothing, skiing gear, La Gazzetto Dello Sport, Ministero degli Affari Esteri, and other exhibitors.

Casa Italia is located in a prime spot for visitors going to Live City Yaletown. The exhibit was well organized and the exhibitors friendly. In the evening, there was a reception for invited guests. We hope that some day, even Seattle could have a permanent Casa Italia - a community house for all the local Italians and Italian Americans to meet, support, and promote Italian culture. *Forza Italia and God Bless America!*

Membership News

By Membership Chairman Monte Marchetti

Applications have been received for membership from:

Nils Seth
8600 Island Drive, South
Seattle, WA 98118

He is married to Judith Seth and his application will be brought up at the March meeting.

New members who were approved at the February meeting are:

Robert DeDonato Sylvester
Domenica Warczak Clark
Diana Sciola Warczak

Welcome to the Italian Club!

The Italianette ...

We meet the first Saturday of the month from 11:30 A.M. to 12:30 at the South Bellevue Community Center. Our goal is to keep the Italian culture and language alive. The classes are FREE OF CHARGE for children age 6 to 12.

Please join us for Italian language class, songs and culture activities. *To sign up please contact: Tina Conforti at (425) 427-9515.*

E-mail to oggiitali@yahoo.com

Famous Italian Quotes

"Paese che vai, usanza che trovi."

"The country you visit, the customs you find."

Idiomatic meaning: "When in Rome, do as the Romans do."

"Più che le parole persuadano gli esempi."

"Actions speak louder than words."

"Tale il padre, tale il figlio."

"Like father, like son."

"Troppi cuochi guastano la cucina."

"Too many cooks spoil the broth."

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Italian Club High School Scholarships for the 2010-2011

By Martin Nigrelle (Italian Club Scholarship Chair)

The Italian Club of Seattle will again be awarding up to three \$500.00 scholarships for the 2010-2011 school year to students who are selected based on meeting or exceeding the scholarship criteria (noted below).

Next steps in the scholarship process:

- April 2010 – Applications submitted
- May 2010 – Applications reviewed & verified
- June 2010 – Award Recipients announced in il Ficcanaso
- September 2010 – Award Recipients presented @ General Meeting

The qualifications each recipient needs to meet or exceed are as follows:

1. A parent of the applicant (student) must be in good standing in the Italian Club for at least three years. (Grandparents are not included).

2. The parent(s) of the applicant must attend at least three club meetings during the year.
3. The applicant (student) is enrolled in high school (grades 9 through 12) for the 2010-2011 school year, in the greater Seattle area
4. The applicant (student) must have a grade point average of 3.0 or higher (with official transcript) and take part in extra-curricular activities, community service, etc.
5. Each applicant must write a letter telling about him/her self and activities in which he/she is participating.
6. The application and transcript must be post marked no earlier than April 1st 2010 and no later than May 1st 2010.
7. Applications that are incomplete or missing a transcript will not be considered.

2010/2011 Italian Club Scholarship Application form:

Applicant's name: _____

Applicant's Parent(s) (Italian Club Members) _____

High School Applicant will be attending in the 2009/2010 School year: _____

Applicant's Mailing Address: _____

Phone: _____ e-mail: _____

The Application form is to be accompanied by:

1. Current Official Transcript
2. Letter detailing the applicant's participation in extra-curricular activities & community service

Applications are to be sent to:

Italian Club of Seattle Scholarship
c/o Martin Nigrelle
14539 Evanston Avenue North
Shoreline, WA 98133

Tickets Now Available for 4th Annual Seattle Mariners' Italian Heritage Night

By Martin Nigrelle

 Tickets will be available for purchase at the March General meeting, cash & checks accepted, make checks payable to the Italian Club. The Italian club has 52 field level tickets for purchase @ \$27.00 each within the Italian Club.

The tickets will be available on a first come – first serve basis, both through the club & through the Mariners.

The Mariners & Verizon are sponsoring Italian Heritage Night, Tuesday July 20th 2010, 7:05pm the Mariners are hosting the Chicago White Sox.

Ticket prices are \$27.00 (Field level) & \$13.00 (Top deck), prices include \$2.00 that will be donated to Festa Italiana the free festival celebrating Italian-American heritage in the Pacific Northwest for over 20 years. The giveaway item for this year's game will be a scarf designed & created just for this event.

DAVIS GRIMM PAYNE and MARRA

JOSEPH G. MARRA
ATTORNEY

Representing Management in the Areas of Labor and Employment Law

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Italian Club Calendar of Events

General Meetings: Dinner (\$5.00 charge) followed by meeting at 6 pm.

Meetings on SECOND Thursday of the month, Mount Virgin Church Hall

Luncheons: 11:30 PM at Marriott Courtyard (925 Westlake Avenue North) are held quarterly

Social Hour 11:30, Luncheon 12 Noon

Finance and Bylaw Meetings: 7 PM at IC office

Trustee Meetings: First Thursday of every other month, unless otherwise noted

MARCH 2010	APRIL 2010	MAY 2010
11: IC General Meeting/Dinner 6pm. 20: Crab Feed Anna Popovich, Chairman 	1: Trustees Meeting 8: Thursday - IC General Meeting/Dinner 21: IC Luncheon, Carolyn Jackson, Chairman 	13: IC General Meeting/Dinner 6pm 
JUNE 2010	JULY 2010	AUGUST 2010
3: Trustee Meeting 10: IC General Dinner Meeting, 6pm 16: IC Luncheon, Carolyn Jackson, Chairman TBA: Horse Racing at Emerald Downs, Chair - Joe Galluccio	Summer Break 20: 4th Annual Seattle Mariners Italian Heritage Night Chairman Marty Nigrelle No Meetings No <i>il Ficcanaso</i> 	Summer Break No Meetings No <i>il Ficcanaso</i> 15: Ferragosto, various locations 15: Italian Community Picnic 27-29: Festa Italiana - Portland
SEPTEMBER 2010	OCTOBER 2010	NOVEMBER 2010
2: Trustee Meeting 9: IC General Meeting, 6 pm 11: Festa Italiana Mass Carolyn Jackson, Chairman 21: Festa Downtown Luncheon 24: Festa "Taste of Italy" 25-26: 23rd Annual Italian Festival at Seattle Center	9-10: Great Italian Festival, Reno, NV 14: IC General Meeting Dinner 6pm TBA: Golf Tourney TBA: Halloween Party for kids Chairman Andrea Petrone	7: Trustees Meeting 14: IC General Meeting - 6pm Nominations will be taken from floor for 2010 officers 17: Past Presidents Luncheon, 90th year celebration Chairman, Carolyn Jackson 
DECEMBER 2010	JANUARY 2011	FEBRUARY 2011
9: IC General Meeting/Dinner Election of Officers IC, 6pm TBA: IC Christmas Children's Party 8:30AM, Tom & Nancy Grossi TBA: IC Christmas Party 	13: IC General Meeting/Dinner Installation of Officers 6pm. 	3: Trustees Meeting 10: IC General Meeting/Dinner 6pm. 



il Ficcanaso

The Italian Club, Inc.
P.O. Box 9549
Seattle, WA 98109-0549

ADDRESS SERVICES REQUESTED

General Dinner Meeting
Thursday - March 11, 2010
Mount Virgin Church Hall

Visit our website at:
www.ItalianClubofSeattle.org



Recipe ... For Lent **Easy Tuna Melts**

Ingredients:

- 4 toasted English muffin halves
- 1 can tuna in water, drained
- 1/4 cup chopped celery
- 2 tablespoons chopped onion
- 1/4 cup mayonnaise
- salt and pepper as desired
- 8 very thin slices tomato
- 8 slices cheese of your choice (Jack, American, White, or Cheddar)

Directions:

- 1) Preheat oven to 350 degrees
- 2) Lightly toast the muffins
- 3) Line baking sheet with foil and put muffins on this
- 4) Mix up the tuna salad
- 5) Spoon the tuna salad onto the muffins, add sliced tomato on top
- 6) Bake for about 8 minutes, then add cheese slice and bake for another 2 minutes.

Serves 4